

SHAMMY AKTER

Kushtia, Bangladesh

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EDUCATION

MSc (Thesis-based) and BSc (Project-based) in Applied Nutrition and Food Technology, Islamic University, Bangladesh.

RESEARCH INTEREST

Preventive nutrition and Public health nutrition

CURRENT RESEACH

Use of community clinic services and its effect on children development (SPICE); food and nutrition literacy and its impact on nutritional status; maternal nutritional status and its effect on child health; infant young child feeding (IYCF) practices and early development; food habit and dietary practices of pre-school and school children.

TEACHING EXPERIENCES

- 1. **Assistant Professor,** Dept. of Applied Nutrition and Food Technology (ANFT), Islamic University, Bangladesh (from December 07, 2016 -present).
- 2. **Lecturer,** Dept. of Applied Nutrition and Food Technology, Islamic University, Bangladesh (from 22 September, 2014 to 06 December, 2016).
- Lecturer, Dept. of Human Nutrition, Faculty of Nutrition and Food Science, Patuakhali Science and Technology University, Bangladesh (from 18 December 2012 to 21 September, 2014)

PUBLICATIONS

- 1. A Study on the Nutritional Status of Preschool Children in Three Districts of Bangladesh, Science Journal of Public Health, Science Journal of Public Health, 2015; 3(5): 633-637, ISSN: 2328-7942
- Socio-economic, Health Status and Complementary Feeding Scenario of Young Lactating Mother at Kushtia District of Bangladesh, International Journal of Business, Social and Scientific Research, Volume: 5, Issue: 4, Page: 168-174, July-October 2017, ISSN: 2309-7892

- Effects of Mild Ingestion of Used Fried Rapeseed Oil (Mustard Oil) on Hepatic Tissues in Long-Evans Rats, Journal of Food Science and Technology, vol. 8 (78-80), 2013, ISSN: 1816-0727
- 4. "A comparative study on Food habit, Nutrition education and Nutritional status of adolescents (10-19 years) among Urban and Rural areas of Kushtia, Jhenaidah and Jashore districts in Bangladesh" (submitted to Journal of Applied Science & Technology [JAST], Islamic University, Bangladesh).
- "A comparative study on Infant and Young Children Feeding (IYCF) knowledge, practice and it's relation to early development of under 5 children between Kushtia and Jashore district, Bangladesh" (submitted to Journal of Applied Science & Technology [JAST], Islamic University, Bangladesh)

MSc THESIS AND BSc PROJECT

Thesis: "A study on effects of mild ingestion of used fried rapeseed oil on hepatic tissues in Long-Evans rats".

Project: "A survey on the assessment of nutritional status of two selected sweeper colony's children at Kushtia, Bangladesh.

LEADESHIP AND MENTORING

- 1. Founder, Nutrition Initiative (NI), Kushtia, Bangladesh.
- 2. Mentor, Nutrition Club, Islamic University (IU), Bangladesh.
- 3. Advisor, Consumer Youth Bangladesh, Islamic University (IU), Bangladesh.
- 4. Advisor, Cancer awareness program for women, Bangladesh.
- 5. Advisor, Law Awareness and values development centre

MEDIA CONTRIBUTION

Usually write various articles/features in national newspapers.

REFERENCE

Bably Sabina Azhar, PhD

Professor

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CONFIRMATION

I confirm that the information given herein, to the best of my knowledge is true and complete.

Sincerely yours,

Date: o1/08/19